



Name: Dr. EKTA GUPTA

Designation: Scientist-E

Division/Department: Clinical Oncology, WHO FCTC Knowledge hub

Educational Qualification: MBBS, MD, DNB (Community medicine), PGDDHM

Work Experience: 9 years 11 months

Sr No.	Post held	Period	Duration
1	Scientist-E ICMR-NICPR	26 th May, 2021 till date	7 months
2	Assistant Professor (Community Medicine) Hamdard Institute of Medical Sciences and Research, New Delhi	14 th March 2019 – 24 th May 2021	2 year 2 months
3	Assistant Professor (Community Medicine) ESIC Medical College and Hospital, Faridabad	25 th Jan 2018 – 7 th March 2019	1 year 2 months
4	Senior Resident (Community Medicine) Lady Hardinge Medical College, New Delhi	23 rd December 2014 – 9 th January 2018	3 years 18 days
5	Junior Resident (Community Medicine) Assam Medical College, Dibrugarh, Assam	1 st July 2011 – 30 th June 2014	3 years

Research Interests: Non-communicable diseases, maternal and child health, community-based screening.

Membership of Professional Societies: Indian Association of Preventive and Social Medicine (IAPSM), Indian Public Health Association (IPHA), Epidemiology Foundation of India (EFI)

➤ **Fellowships/Awards/Patents (academic/national/international):**

- Pyare Lal Sharma Memorial Award for Best Research Paper by a young female Scientist awarded by of Indian Association of Preventive and Social Medicine in 2014
- Cleared Post Graduate Diploma in District Health Management with distinction
- Reviewer for BMJ Open, Journal of Family Medicine and Primary care, Indian Journal of Community Health

Publications: (latest first and in Vancouver style only with latest impact factor):

1. **Gupta E**, Goswami S, Aggarwal V, Singh M, Agarwalla R. Assessment of quality of life and its determinants among the elderly residing in a rural area of Faridabad: A cross-sectional survey. *Indian J Community Fam Med* 2021;7:130-4
2. Thakur A, Gautam R, **Gupta E**. Evolution of poverty alleviation programme in India. *Int J Community Med Public Health* 2021; 8:4616-21
3. Priyanka, **Gupta E***. Predicting Risk of Diabetes using Indian Diabetes Risk Score in Adult Population of Faridabad. *Ann Community Health* 2021;9(1):1-6
4. Raychaudhuri S; Bajaj A; Agarwal C; Pujani M; Singh K; Chauhan V; **Gupta E**. Immunohistochemistry based molecular sub typing of breast carcinoma in Industrial population in India, Haryana: A correlation with clinicopathological parameters". *Middle East Journal of Cancer*. 2021 (In press) [IF: 0.227]
5. Priyanka, **Gupta E***. Predicting Risk of Diabetes using Indian Diabetes Risk Score in Adult Population of Faridabad. *Ann Community Health* 2021;9(1):1-6
6. Goswami S, Gupta S, Singh M, **Gupta E**. "Adverse Events Following Pneumococcal Vaccination among Infants attending Immunization Clinic at a Tertiary Hospital in Northern India: AEFI following PCV-13". *Indian J Community Health* 2020;32(3):569-573 [IF: 0.163]
7. Agarwalla R, Pathak R, Siddiqui A, Panda M, **Gupta E**, Islam F. A community-based intervention study to assess the effectiveness of awareness imparted on earthquake preparedness among the residents of South Delhi, India. *Indian J Community Med* 2020;45:375-8. [IF: 0.375]
8. Singh M, Raina S, Parashar M, **Gupta E**, Goswami S, Gandhi MK. Is calorie intake the fundamental driver of noncommunicable diseases in India – A systematic review. DOI:10.4103/ijph.IJPH_139_19 PMID:32584299. [IF: 0.381]
9. Agarwalla R, Jamal A, **Gupta E**, Pathak R, Panda M, Ahmed F. Assessment of adherence to international standards for tuberculosis care among private practitioners of Delhi. *Indian J Respir Care* 2020; 9:58-61.

10. Arora S, Ray TK, **Gupta E**, Joseph B, Arunraj K, Rasania SK. Myths and unhealthy wound practices regarding animal bite among subjects attending anti rabies clinic in a South Delhi municipal corporation polyclinic in Mehrauli, Delhi. *Int J Community Med Public Health* 2019; 6:4794-8.
11. Agarwalla R, Panda M, **Gupta E**, Balagopalan N, Pathak R. Snapshot of an Improved Maternal Health in India: The Pillars of Strength. *Pan Asian J Obs Gyn* 2019;2(1):37-42. [IF: 4.603]
12. **Gupta E**, Thakur A, Dixit S. Morbidity pattern and health seeking behaviour of the geriatric population in a rural area of district Faridabad, Haryana: a cross-sectional study. *Int J Community Med Public Health* 2019;6:1096-101
13. Acharya AS, **Gupta E**, Prakash A, Singhal N. Self-reported Adherence to Medication among Patients with Type II Diabetes Mellitus attending a Tertiary Care Hospital of Delhi. *Journal of The Association of Physicians of India*. April 2019; Vol. 67: 26-29[IF: 0.178]
14. **Gupta E**, Mahanta TG. Overweight and Obesity and its associated factors among high school students of Dibrugarh, Assam, India: *Indian J Comm Health*. 2016; 28, 3: 295-299. [IF: 0.163]
15. **Gupta E**, Mahanta TG. Risk factor distribution for cardiovascular diseases among high school boys and girls of urban Dibrugarh, Assam: *J Family Med Prim Care* 2016;5:108-13. [IF: 0.205]
16. Katiyar V, **Gupta E**, Bhuyan RK. Pattern of upper gastrointestinal disorders based on endoscopy in a tertiary care hospital of Assam: A record based study: *International Journal of Scientific Research: Volume 3, Issue 6, June 2014*. [IF: 7.803 SJIF]
17. **Gupta E**, Mahanta TG, Sarma R. Prevalence of behavioural risk factors of cardiovascular diseases among high school students in Urban Dibrugarh, Assam: *International Journal of Scientific Research: Volume 2, Issue 5, May 2013* [IF: 7.803 SJIF]
18. **Gupta E**, Katiyar V. Study on needle stick injuries among nurses of a tertiary care hospital of Assam: *Indian Journal of Applied Research: Volume 3, Issue 7, July 2013* [IF: 6.03 SJIF]

BOOK CHAPTERS AND MODULES:

- Contributed to IAPSM-“Life Skill Education and Health Promotion” Module (LEAP) and have been part of REECH (Repository for Education and Empowering Citizens for health)
- Contributed a chapter on cardiovascular diseases (Rheumatic heart disease) in IAPSM Textbook for undergraduates.

Popular articles/op-ed/media-coverage: (latest first and provide title and link): NIL

Presentations/Talks/Lectures: (latest first, title of the presentation, organized by and date)

- Expert speaker in Panel discussion on "Societal Challenges Faced by Women Diagnosed with Breast Cancer" on 13th October 2021 organized by IHW Council during Breast Cancer Action Month.
- Assessment of Quality of Life and its determinants amongst the elderly residing in a rural area of Faridabad at IPHACON 2020 at AIIMS, New Delhi
- Community-based prospective study of risk factors of acute respiratory infections in infants and toddlers in peri-urban Delhi at 60th IPHACON 2016 in Dehradun
- Physical activity and its role in stress related disorders at Symposium on Lifestyle Intervention in Stress Related disorders at Lady Hardinge Medical College in 2016
- Overweight and Obesity and its associated factors among high school students of Dibrugarh, Assam in 42nd IAPSMCON at Lucknow in 2015
- A study to determine difference in risk factor distribution for cardiovascular diseases among high school boys and girls of urban Dibrugarh, Assam at 2nd National Conference of Family Medicine and Primary Care 2015 at IHC, Delhi in 2015
- Comparative study on risk factors of cardiovascular diseases amongst high school boys and girls of Dibrugarh at 41st IAPSMCON 2014 at Tripura
- Prevalence of Behavioral Risk factors of cardiovascular diseases among high school students in Urban Dibrugarh, Assam at 40th IAPSMCON 2013 at Nagpur
- Anthropometric assessment of nutritional status of school going adolescents of urban Dibrugarh, Assam at 40th IAPSMCON 2013 at Nagpur
- Needle stick injuries among nurses of a tertiary care hospital of Assam at 56th IPHACON 2012 at Kochi

Projects:

S.no	Title of project	Duration	Funding agency	Amount	Level of participation	Status
1.	Feasibility of integrating tobacco use screening and tobacco cessation services with routine antenatal care services: a pilot study in district hospital of Gautam Budh Nagar	3 years	ICMR (2021)	61,47,272	Co-PI	Ongoing
2.	An interventional study to assess impact of behavior modification therapy versus brief advise for tobacco cessation among adult tobacco users residing in a resettlement colony of Delhi	1.5 years	ICMR (2020)	8,84,770	Co-PI	Ongoing
3.	A cross-sectional study to assess perception and proportion of sexual harassment among working women in health sector of India – An exploration of facts	1.5 years	ICMR (2020)	4,81,950	Co-PI	Ongoing
4.	An epidemiological study to assess household transmission and associated risk factors for COVID-19 disease amongst residents of Delhi,	6 months	WHO (2020)	51,79,870	Co-PI	Ongoing

	India					
5.	Community Based Sero-surveillance and incidence of Dengue among residents of South Delhi, India	1 year	Translational Health Science and Technology Institute, New Delhi (2019)	2,37,800	Co-PI	Ongoing
6.	Prevalence of risk factors of cardiovascular diseases among students aged 13 - 16 years studying in urban schools of Dibrugarh district, Assam (PG dissertation)	1 year	ICMR Department of Biotechnology (DBT)	25000 1,50,000	PI	Completed

Brief Biosketch (not more than 100 words):

Trained public health specialist with wide ranging experience in teaching and training of undergraduate and postgraduate students, patient management, epidemiology, research, biostatistics along with various areas of health and public policy including non-communicable diseases, maternal and child health, geriatric health, developing & implementing health interventions and health system strengthening. I have a deep understanding of health and development issues, gathered over working across rural and remote hard to reach areas in India. I have experience of handling research projects funded by national organizations including ICMR, DBT in fields of tobacco, cardiovascular diseases etc. My PG dissertation titled: “Prevalence of risk factors of cardiovascular diseases among students aged 13 -16 years studying in urban schools of Dibrugarh district, Assam” was funded by Indian Council of Medical Research (ICMR), New Delhi and Department of Biotechnology (DBT) and its findings were presented at the national level and was awarded the best scientific paper by a young scientist.

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